



**Reopening Studio D
Current Protocols and Guidelines
August 2020**

The health and safety of our students, staff, and faculty has been, and continues to be the highest priority, as is establishing protocols that allow for inclusion and access for all Studio D students to resume dance instruction in our studios. In creating the guidelines for reopening, we relied on the guidelines from the CDC State of CT, sources that have established protocols for opening dance studios during COVID 19, and institutional knowledge and experience. We are requiring all students and families to adhere to these strict health and safety protocols. We will ask that you sign the agreement that states you have read and will comply with these and/or amended Protocols and Guidelines during the 2020/2021 dance season.

ALL GUIDELINES AND REQUIREMENTS FOR IN-PERSON INSTRUCTION ARE SUBJECT TO CHANGE. ALL UPDATES/CHANGES WILL BE ANNOUNCED THROUGH EMAIL COMMUNICATION.

Occupancy in the dance classes will be limited to 11 dancers in the Main studio, 8 dancers in the Annex, 7 in the Tap Room, and 8 in the New Studio. If families prefer, they will also have the option of registering for Zoom only classes. MASKS for all dance classes will be REQUIRED.

Arrival at Studio D

Drop off

- Drop off will be through the Front Door (Main St. Entrance) only.
- Temperature check will be taken at the front entrance. Parents who are driving dancers, please wait to depart until after child's temperature is taken.
- Only one person is permitted to enter the building with each dancer.
- The studio lobby/office will be available for dancers only, not open to family members. (If you have a question, by all means see Lisa or Daniela at the main desk.)

- We request that Common areas (hallway at Studio D) be reserved for dancers , waiting for their next class, and for parents that are dropping off our youngest dancers. Families should not plan to wait in the hallway during class time, so we can socially distance.
- Those in high risk groups and over age 65 should continue to stay safe and stay home.
- If a dancer or family member is sick, we ask that you remain at home.
- Students should arrive ready to dance. (If a student is coming directly from school and will need to change before dance, we will have one changing area for changing.)
- Students will use hand sanitizer prior to entering the dance studio.
- Students are encouraged to use hand sanitizer upon exiting each class.

While at Studio D

- Masks will be required: Surgical face masks permit greatest air flow during exercise; however, plain cloth masks are also acceptable. Dance teachers will provide short “mask breaks” and water breaks during class.
- Dancers may need more than one mask, especially if taking multiple classes. Masks should remain dry.
- Bring only what is required for class (dance shoes, dance attire, water)
- No food is permitted.
- If students need to take a snack break, they should plan to go to one of the local food establishments or picnic on the green.
- No extra items or large bags.
- No bare feet will be permitted. Dancers in Modern, Contemporary, Modern/Tumble, Lyrical and Choreography/Acro classes should wear soft ballet shoes, jazz shoes, clean socks, or socks with grippers.
- Dancers in classes that require floor work; Modern, Contemporary & Lyrical classes should bring a sanitized yoga mat to class.
- Dance shoes may not be worn outside and must be worn only in the dance studio. Parents/dancers should sanitize the bottoms of dance shoes between visits to Studio D.

Pick-Up/Exit Studio D

- Dancers will continue to wear masks until he/she has exited the building.
- Dancer will exit through the Main Street or the Bank Street Exit.
- Parent/Guardian/Driver may call 860-350-2900 to have their dancer escorted from the building by a front desk staff member.
- Dancers should thoroughly wash hands when exiting or upon arrival home from dance class.

Health Checklist

Screening at Studio D

- Temperature: If 100F or higher, dancer may not enter. Parents who drive their dancers must wait until communication that student may enter the building before leaving the drop off area.
- Use hand sanitizer (upon entering studio and after each class)
- Wear face mask (to enter)

Health Questions That Will Be Asked of Dancers and Guardian/Parent

If dancer or parent answers yes to any of the questions below, there will be a required 14-day ban from attending studio classes and quarantine per CDC may be required.

- Has dancer experienced any of the following symptoms, or had close exposure with someone who has any of the following symptoms?
 1. Fever or chills
 2. Cough
 3. Shortness of breath or difficulty breathing
 4. Fatigue
 5. Muscle or body aches
 6. Headache
 7. New loss of taste or smell
 8. Sore throat
 9. Congestion or runny nose
 10. Nausea or vomiting
 11. Diarrhea
- Close exposure to anyone who has tested positive for COVID-19?
- Travel to a high exposure area?

Professional Cleaning and Sanitization

- The rooms will be sanitized after each class and the floors will be sanitized with a steamer nightly. A professional cleaning company will be sanitizing the studios bi-weekly.
- Five minutes between classes will be spent to disinfect and permit the passage of students into/out of class
- When using shared surfaces in the studio (ie. Stereo, barres, etc), everyone must sanitize or wash hands before and after contact.
- There will be a sanitation station upon entering the building and in each studio.
- The Bathrooms and hallway areas will be professionally cleaned twice each week. Dancers are expected to wash their hands thoroughly after bathroom use.

Studio Protocols and Guidelines for Classes to Resume at Studio D

- Please bring your own water bottles to class--water will be provided, but cups will not be provided.
- We will be ceasing the snack cart for the 2020/2021 dance season.
- Studio doors and windows to outside should remain open when possible to increase ventilation.
- Hand sanitizer stations should be installed at the entrance/exit and inside studios.
- Waiting room will be closed off to visitors.
- Payments may be made at the main desk or by phone or Venmo.
- Floor markings are installed to establish and maintain social distancing.
- All students, teachers, and staff will wear face masks at all times.
- There will be a few face masks available to those who arrive without one; however dancers should arrive with their own masks.
- Dancers who refuse to wear masks will be escorted out of the building or a parent will be called to come to get their dancer.
- Surfaces including door handles, light switches and all studio surfaces, will be cleaned and sanitized daily.
- Administrators will inspect and disinfect surfaces upon early arrival.
- Students, administrators and faculty will be asked to assist with sanitizing surfaces.
- Instructors will make corrections verbally and not by touch to ensure social distancing.
- Dynamic exercises that result in deep, heavy breathing will be shortened and minimized.
- No sharing of equipment or personal items.
- Individuals deemed "at risk" may not participate in in-person classes.
- Students should consult with their personal physicians to ensure they may safely participate in dance classes at this time.
- Students must exit building to remove masks.

COVID-19 Exposure

- Anyone who is not feeling well, or has had close exposure with someone who is not feeling well, is asked to remain home.
- If someone has experienced close exposure to a person who is experiencing symptoms or is positive for COVID-19, they may not attend in-person classes for 14- days and the CDC may require quarantine.
- If someone is positive for COVID-19 they may not attend in-person classes for 14- days and the CDC may require quarantine.

- If we find there was a positive COVID-19 individual in the studio, we will:
 - Isolate person in separate room or area away/closed off from others
 - Open outside doors and windows to increase air circulation in the area
 - Wait 24 hours before cleaning or disinfecting
 - Clean and disinfect all areas used by the person who is sick
 - Wait until the room space is empty to vacuum.
 - Once area has been appropriately disinfected, it can be opened for use
 - After more than 7 days pass since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.